

100% Pure Vegetarian

Friendly to All Vegetarian Types

No Alcohol, Onion, Garlic or Animal Ingredients

C 主菜 MAIN COURSES

● 熱煲 Hot Pot S \$18.00 / R \$ 22.50

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| 1 紅燒獅子頭 | Lucky Lion King |
| 2 三杯素羊 | Herbal Spicy Lamb* |
| 3 醬爆猴菇 | Golden Button Mushroom* |
| 4 鮮靈芝菇煲 | Fresh King Oyster Mushroom |
| 5 紅燒魚香茄煲 | Soy fish-flavored Eggplant |

● 鐵板燒 Sizzling Plate S \$16.50 / R \$ 20.90

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| 6 東園鐵板素魚 | Sizzling Tom Yam Fish |
| 7 東園鐵板豆腐 | Sizzling Tom Yam Tofu Plate |
| 8 攪葉鐵板豆腐 | Sizzling Tofu Plate in Olive Leaves Past |
| 9 黑椒鐵板牛排 | Sizzling Soy-Mushroom Steaks |
| 10 黑椒鐵板蠔菇 | Sizzling King Oyster Mushroom |

● 紅燒 Braised S \$16.00 / R \$ 19.50

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| 11 紅燒素肉片 | Braised Soy Tenderloin |
| 12 紅燒豆包 | Braised Bean Curd Layers |
| 13 紅燒豆腐 | Braised Basil Soft Tofu |
| 14 紅燒素鰻 | Braised Vegetarian Eel |
| 15 焦溜肥腸 | Golden Gluten Sausage |
| 16 素叉燒 | Tasty Cha Shao (Gluten) |

● 煙燻 Smoked S \$ 16.00/ R \$ 19.90

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| 17 煙燻迷香鴨 | Smoked Rosemary Gluten Duck |
| 18 香薰鹽水雞 | Smoked Chicken Steak (lime & pepper salt) |

● 香酥 Crispy Fried S \$ 16.00/ R \$ 19.90

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| 19 香酥魚排 | Crispy Fried fish Steak |
| 20 芝麻脆鱈 | Delicious Sesame Mushroom Curls |
| 21 香酥雞排 | Crispy Fried Chicken Steak |
| 22 椒鹽豆腐 | Crispy Peppered Tofu |
| 23 香酥明蝦 | Crispy Yam Prawns (spicy dip) |
| 24 南瓜香酥 | Pumpkin Gourmet(hot \$ sweet coconut dip) |

● 酸甜 Sweet & Sour S \$16.00 / R \$ 19.90

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| 25 檸檬雞排 | Lemon Chicken Steak (Gluten) |
| 26 蒙古之寶 | Mongolian Golden Treasure |
| 27 糖醋咕咕 | Tropical Fantasy of Cashew Nut |
| 28 香檸芋魚片 | Sweet Lemon Taro-Fish |
| 29 台式糖醋魚 | Formosa Sour & Sweet Ginger Fish |
| 30 迷香檸檬魚 | Sweet Lemon Rosemary Potato-Fish |
| 31 泰式檸檬魚 | Grilled Thai Fish |

● 快炒 Stir-Fried S \$16.80 / R 20.90

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| 32 宮保魷魚 | Chilli Yam Squids w/Soy Nuggets |
| 33 喇沙福袋 | Laksa Blessings (stuffed bean curd bags) |
| 34 泰味溜肉片 | Stir fried Soy-meat Slices (Thai spices) |
| 35 麻婆豆腐 | Ma-Po Tofu (tasty hot chilli tofu) |
| 36 南洋綠咖喱 | Green Curry (tasty hot/ Thai style) |
| 37 咖喱蝦球 | Curry Prawn Balls |
| 38 海參燴鮮菇 | Fried Vegetarian Sea Cucumber |

● Stir- Fried Nuggets S \$16.50/ R \$ 20.90

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| 39 香茅雞丁 | Lemongrass Chicken |
| 40 橙香雞丁 | Sunshine Chicken (lime, orange, sweet) |
| 41 沙爹雞丁 | Satay* Soya Chicken Nugget(with peanut) |

● Veggie Delight S\$14.80 /R \$20.90

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| 42 上選羅漢齋 | Harmony Choice of Lo-Han |
| 43 燙小西蘭 | Water Boiled Baby Broccolis
(W/ vegetarian oyster sauce) |

n.b.: Please note that Fountain kitchen do use peanut, sesame, various nuts, wheat, soy sauce; and some items on Café, Rices and Noodles menus may contain (or with option of) dairy or egg products. Take care yourself should you are medically allergic to those or any other ingredients, being a commercial kitchen, we sincerely apologize for not being able to meet your every needs.*

www.fountain-veg.com

R 飯

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| 1 思源炒飯 |
| 2 咖哩炒飯 |
| 3 波蘿炒飯 |

FRIED RICE

\$14.50/ per serving

Fountain Fried Rice (toon sprout flavour)
Curried Fried Rice (spicy)
Fried Rice --Tropic Lovers (cheerful)

N 麵

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| 1 泰式炒米粉 |
| 2 新竹炒米粉 |
| 3 喇沙湯米粉 |
| 4 炒河粉 |
| 5 雲吞湯麵 |
| 6 海鮮燴烏冬 |
| 7 南瓜咖哩米粉 |
| 8 酸辣湯麵 |
| 9 鐵板麵 |
| 10 麻醬麵 |
| 11 什錦炒麵 |

NOODLES

\$14.50/ per serving

Pad Thai (spicy) /Thai rice noodles
Formosa Fried Rice Vermicelli (delightful)
Laksa (spicy) / Singapore rice noodles
Braised Fresh River Noodle (delightful)
Noodles with Won Ton Soup (delightful)
Braised algae Seafood with Udon Noodles
Fired Curried Pumpkin Vermicelli
Fujian Noddles in Sour & Hot Soup
Sizzling Noodles (toon flavour)
Sesame Noodles (tasty)
Fried Fujian Noodle with Assorted Vegetables

NH-01 素巴骨茶湯麵* Bah-Kuh-Te Noodles \$16.50

NH-02 養元藥膳湯麵* Fountain Tonic Noodles \$16.50
Body warm up and give vitality
Maintaining Qi circulation

E 湯類

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| 1 翡翠松香 |
| 2 餛飩湯 |
| 3 南瓜濃湯 |
| 4 玉米濃羹 |
| 5 蕃茄蔬菜湯 |
| 6 味噌豆腐湯 |
| 7 酸辣湯 |
| 8 香芹貢丸湯 |
| 9 竹筴鮮菇湯 |
| 10 金絲芙蓉羹 |
| 11 養元藥膳湯* |

SOUPS

\$8/ \$16 / \$20

Spinach Soup with Pine Nuts (thick)
Won Ton Soup (Dumpling)
Pumpkin Soup w/ coconut milk
Cream Corn Soup
Tom Yam Tomato Soup
Miso Soup
Hot & Sour Soup
Crunchy Veggie Ball Soup
Bamboo Mushroom Soup (Lite)
Algae-Shark Fin Soup
Fountain Tonic Soup of the Season

\$12 / \$25 / \$30

* For pregnancy women, please contact your doctor before taking any herbal item.